

Lemoore Recreational Dance

Throughout the session students will be taught basic ballet techniques which include the five feet and arm positions. They will learn how to use these positions to develop ballet movements. These movements will be put together to music to create dance. Participants will also learn basic jazz steps and styles. Children will also learn how music plays an important part in dance. Each session will include a dance performance.

*Costumes are an additional fee.

No exception on age groups. Students must be three (3) by the beginning of the session to be allowed to register.



Group Age	Day	Time
Tiny Toes Ballet/Jazz 3–4 years	Tues. or Wed. Thurs.	4:15 PM–4:45 PM 4:30 PM–5:15 PM
Dance 1 Ballet/Jazz 5–7 years	Tues. or Wed. Thurs.	4:45 PM–5:30 PM 5:15 PM–6:00 PM
Dance 2 Ballet/Jazz 8–12 years	Tues. or Wed. Thurs.	5:30 PM–6:15 PM 6:00 PM–6:45 PM
Dance 3 Jazz/ Contemporary 12–18 years	Tues. or Wed.	6:15 PM–7:00 PM

Spring	January 11–May 25 18 week program Registration deadline: Jan. 4 No classes week of Spring Break No classes on April 4-8
Cost	\$140 if paid in full \$150 if paid in two payments. \$50 Costume and recital fee
Picture Date	TBA
Fall	Aug. 22–Dec. 6 15 week program Registration deadline Aug. 12 No classes the week of Thanksgiving
Cost	\$110 if paid in full \$120 if paid in two payments. \$50 Costume and recital fee
Picture Date	TBA
Location	LRC Dance Room
Min/Max	4 min. / 6 max students per class
Uniform	Tights, leotard, ballet slippers Hair must be up, out of the face

Pop-Up Dance Classes Available

There will be pop-up dance classes available on various Friday afternoons/evenings.

Dates/Times TBA.

\$10.00 Drop-In Rate for Any POP-UP Dance Class (Per Person)

\$25.00 SPECIAL for group of 3.

KinderMusik with Miss Tara

This music-filled class for 1 to 4-year-olds celebrates the unique joys of your growing child. Each week your child will enjoy singing, dancing, and playing instruments with you and their new friends and you'll love helping practice a wide variety of abilities such as gross and fine motor skills, turn taking, social skills, and active listening. In class, we'll also share tips and ideas for using music throughout the week.

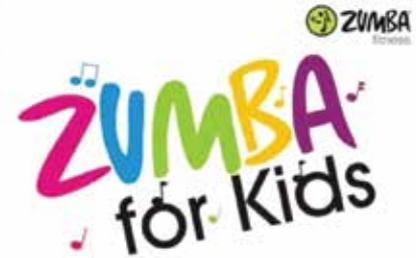
NOTE: Parents participation is required

Age	1–4 years old	
Cost	\$40 per 4–week session \$30 per addition sibling	
Must register before 9 AM of session start date		
Location	Veteran's Hall	
Day	Time	Min/Max
Tuesdays	9:00–9:45 AM	5/25
Session 1	January 5, 12, 19, 26	
Session 2	February 2, 9, 16, 23	
Session 3	March 1, 8, 15, 29	
Session 4	April 5, 12, 19, 26	
Session 5	May 3, 10, 17, 24	
Session 6	June 7, 14, 21, 28	
	No July classes	
Session 7	August 2, 9, 16, 23	
Session 8	August 30, September 6, 13, 20	
Session 9	September 27, October 4, 11, 18	
Session 10	October 25, November 1, 8, 15	
	No classes in December	

Pee Wee Fitness

Developmental focus on physical movement, teamwork, coordination, and social interaction through games and sports. Children run, play, sing and dance their way to a great afternoon nap. Parent participation is required.

Age	2–5 Years	
Cost	\$15 / Month	
Dates	February – October	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Wednesday	10:00-10:45 AM	5/20



Zumba Kids®

Zumba Kids® with Melanie Tatco helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness.

Age	4–12 Years	
Cost	\$20 per child / Month	
Dates	January – December	
Location	Lemoore Rec. Center, Dance Rm.	
Day	Time	Min/Max
Mondays	5:45–6:45 PM	5/20



Pee Wee Paint

Let your toddler explore their artistic side! Pee Wee Paint is an arts and crafts class for children 2 to 5 years of age. Children will learn socialization skills while having a wonderful time. This is a Parent and Child participation class.

Age	2–5 Years	
Cost	\$15 / Month	
Dates	February – October	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Thursday	10:00-10:45 AM	5/20

Lil' Dribblers

Learn the fundamentals of basketball in a fun recreation environment. Basic skills include dribbling, shooting, passing and defense. Sportsmanship and teamwork is emphasized during each session.

Age	3–5 Years	
Cost	\$15 per player per session	
Session I	Jan. 5–26 (Reg. Deadline: Dec. 30)	
Session II	Feb. 2–23 (Reg. Deadline: Jan. 30)	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Tuesday	5:00-5:45 PM	10/50



K–1 Basketball

Can't wait for NJB? Join the K–1 Basketball League, where children enrolled in Kindergarten and First Grade form teams and learn the concept of playing basketball during a 6 game season.

Age	Enrolled in K–1st grade boys & girls	
Cost	\$30 per player	
Dates	Jan. 5–Feb. 23 (Reg. Deadline: Dec. 30)	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Tuesday	6:00–7:00 PM	10/50

Lil' Sluggers

Six week introduction to the fundamentals of T-ball, including batting, base running and fielding. 3–4 League includes two team practices and four games. 5–6 League includes Tuesday practices every week. Registrants receive a team t-shirt. A \$10 late registration fee is applied after the April 15th deadline.



Cost	\$35 / player (+\$10 late registration)		
Dates	April 21–May 26 (Registration Deadline April 15)		
Location	Lions Park		
Age	Day	Time	Min/Max
3–4	Thursday	5:00–6:00 PM	10/60
5–6	Thursday	6:00–7:00 PM	10/60

Classic Soccer
& Screen Printing

Armona
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559-587-9100

Visalia
3640 S. MOONEY
559-731-4969

riosoccer@mail.com

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LEMOORE

Guardian of Your Smile
Mark L. Davis D.D.S.
Cosmetic Implant Dentist

210 Heinlen Street
Lemoore, CA 93245
559-924-5353

Indoor Soccer

Children age 3 and 4 years old can now enjoy soccer year round. Our indoor soccer field is the perfect contained environment for pee wees. Children will learn basic soccer skills and be put on teams for an 8 game season.



Age	3–4 Years	
Cost	\$55 per player / season (+\$15 after registration deadline)	
Spring	February 22–May 7, 2016 (No Games Spring Break)	
Registration Deadline	Feb. 12, 2016 (Late registration fee is \$15)	
Skills/Eval. Day	Monday, February 22, 2016	
Picture Day	TBA	
Summer	May 31–August 13, 2016 (No Games 4th of July Weekend)	
Registration Deadline	May 20, 2016 (Late registration fee is \$15)	
Skills/Eval. Day	Tuesday, May 31 2016	
Picture Day	TBA	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Varies	Varies	40/60



Lemoore Recreation Guide

Lil' Kickers

Pee wees learn the basic techniques of soccer while building self-esteem and acquiring social skills. Each four week clinic develops fundamentals including dribbling, passing, and shooting. Sign up before the deadline. Space is limited.

Age	3–5 Years	
Cost	\$20 per player per session	
Session 1	Sept. 8–29 (register by Sept. 1)	
Session 2	Oct. 6–27 (register by Sept. 30)	
Location	Lions Park	
Day	Time	Min/Max
Thursday	5:15 – 6:00 PM	10 / 50



Flag Football (Pee Wee and Youth)

Join the mightiest pee wees in the Valley for Lemoore's only flag football league. Enjoy an 8 game season with weekly practices. All games will be held on Saturdays. Practice times and days are determined by volunteer coaches.

Age	3–5 Years	
Cost	\$60 (includes jersey)	
	Reg. Deadline: Aug. 19 \$15 late registration fee	
Skills/Eval. Day	Aug. 27	
	8 Game Season: Sept. 10–Oct. 29 No game Labor Day weekend	
Picture Day	TBD	
Location	Lions Park	
Day	Time	Min/Max
Varies	Varies	40/60

Summer Camp 2016

“Decades Day Camp”

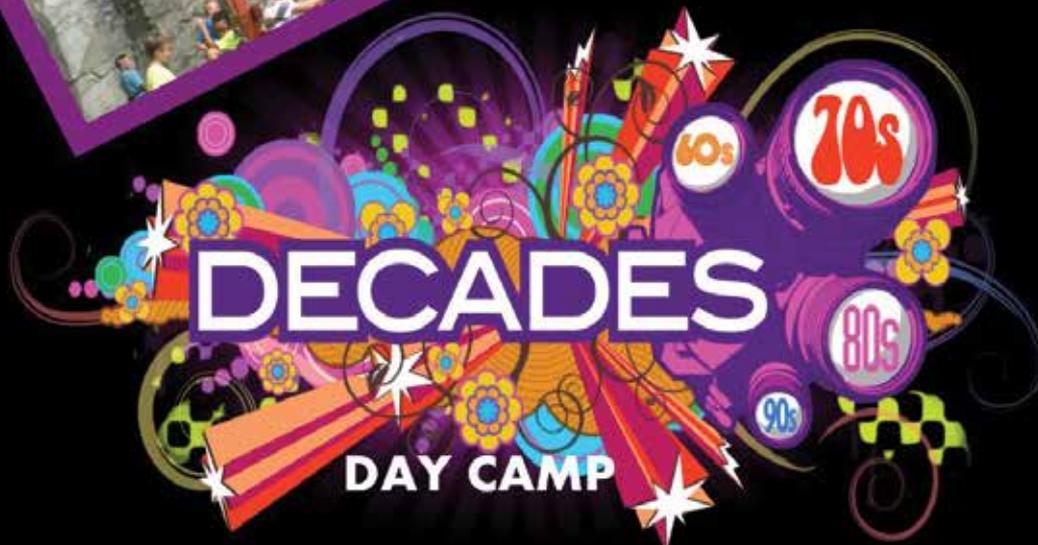
Summer Day Camp will keep your child active and entertained and let them learn and experience past decades and decide what a future decade might be like. Camp is an all-day program with breakfast and lunch provided by KCAO Food Program. Campers may also bring their breakfast and lunch if they prefer. Camp activities include arts and crafts, indoor and outdoor sports, swimming, movies, lesson rotations, picnics and a weekly field trip. Each week of camp

will celebrate a past decade and camp will end with campers deciding how the year 3000 will be. Our friendly staff members are CPR and First Aid certified and are looking forward to spending a safe and fun summer with your child.

Day Camp will also hold two optional days on Monday, August 8th and Tuesday, August 9th as Lemoore Elementary School District begins school on Wednesday, August 10th.

Summer Camp 2016

Age	5–12 Years (Must be 5 by June 6, 2016)		
Days	Monday–Friday		
Time	7:00 AM – 6:00 PM		
Cost	\$120 per week / \$420 for 4 weeks / \$850.00 for all 9 weeks		
Registration Deadline	Register by May 20 for 4 or 9 weeks and receive a free 2016 camp t-shirt. T-shirts may be purchased for \$15 each.		
Note	Optional \$25 per day for the following dates: August 8 and 9, 2016		
Early Bird Special	Register for the 9 week session and pay in full by Friday, May 6, then the 2 optional days are free.		
Week	Dates	Theme	Field Trip
Week 1	Jun. 6–10	Roaring 20’s	Chafee Zoo
Week 2	Jun. 13–17	Back to the 30’s	Blackbeard’s
Week 3	Jun. 20–24	Fabulous 40’s	Boomer’s
Week 4	Jun. 27–Jul. 1	Nifty 50’s	Tulare Water Slides
Week 5	July 5–8	Hollywood 60’s week	Movies
Week 6	July 11–15	70’s Disco Week	Plunge
Week 7	July 18–22	New Wave 80’s	Roller Towne
Week 8	July 25–29	World Wide Web 90’s	McDermont Field House
Week 9	Aug. 1–5	In the Year 3000	Island Water Park



Summer Swim Lessons

Beat the Central Valley heat this summer with Parks & Recreation swim lessons. See class descriptions below. Small classes and plenty of attentive certified instructors and lifeguards.

Cost	\$45 per (2) week session, \$40 per additional child
Date(s)	See Swimmer Development / Class Dates & Times Below
Min/Max	3/6 *Combined Class
Location	Lemoore High School Pool



Goldfish:

6 months – Toddler
Water adjustment class for parents and their young children

	Session / Date	Time (1)	Time (2)
I	June 6–17	10:40–11:10 AM	2:30–3:00 PM
II	June 20–July 1	10:40–11:10 AM	2:30–3:00 PM
III	July 5–15	10:40–11:10 AM	2:30–3:00 PM

Level 1:

Beginner

Basic skills of water entry/exit, buoyancy and breath control, movement in water, and personal safety

	Session / Date	Time (1)	Time (2)	Time (3)	Time (4)
I	June 6–17	10:00–10:30 AM	10:40–11:10 AM	11:20–11:50 AM	2:00–2:30 PM
II	June 20–July 1	10:00–10:30 AM	10:40–11:10 AM	11:20–11:50 PM	2:30–3:00 PM
III	July 5–15	10:00–10:30 AM	10:40–11:10 AM	11:20–11:50 PM	2:30–3:00 PM

Level 2:

Primary Skills

Achieve success with fundamental skills such as floating, gliding, flutter kick, front crawl, and back crawl

	Session / Date	Time (1)	Time (2)	Time (3)	Time (4)
I	June 6–17	10:00–10:30 AM	11:20–11:50 AM	2:00–2:30 PM*	2:00–2:30 PM
II	June 20–July 1	10:40–11:10 AM	11:20–11:50 AM	2:00–2:30 PM*	2:00–2:30 PM
III	July 5–15	10:40–11:10 AM	11:20–11:50 AM	2:00–2:30 PM*	2:00–2:30 PM

Level 3:

Stroke Readiness

Objective is to build on previous skills and coordination of front and back crawl. Students will learn elementary backstroke and principles of treading water.

	Session / Date	Time (1)	Time (2)	Time (3)
I	June 6–17	10:00–10:30 AM	11:20–11:50 AM	2:00–2:30 PM*
II	June 20–July 1	10:00–10:30 AM	11:20–11:50 AM	2:00–2:30 PM*
III	July 5–15	10:00–10:30 AM	11:20–11:50 AM	2:00–2:30 PM*

Level 4:

Stroke Development

Emphasis on increasing endurance and length of front crawl, back crawl, and elementary backstroke. Students will also be introduced to breast stroke and basic turns.

	Session / Date	Time (1)	Time (2)
I	June 6–17	10:00–10:30 AM	2:00–2:30 PM
II	June 20–July 1	10:00–10:30 AM	2:00–2:30 PM*
III	July 5–15	10:00–10:30 AM	2:00–2:30 PM*

Level 5/6:

Advanced Stroke/Skills

Development coordination and refinement of key strokes. Students will be introduced to butterfly, open turns, and racing starts. Objective is to polish strokes so students may swim with easy, efficiency, and power.

	Session / Date	Time (1)	Time (2)
I	June 6–17	2:00–2:30 PM*	
II	June 20–July 1	10:00–10:30 AM*	2:30–3:00 PM*
III	July 5–15	10:00–10:30 AM*	2:30–3:00 PM*

Summer Swim Lessons

Private Swim Lessons

Primary Skills

Lessons are crafted to individual needs.
\$60 per week.

	Session / Date	Time (1)	Time (2)
I	June 6–17	2:00 – 2:30 PM*	
II	June 20–July 1	10:00 – 10:30 AM*	2:30 – 3:00 PM*
III	July 5–15	10:00 – 10:30 AM*	2:30 – 3:00 PM*

Semi-Private Swim Lessons

(2 swimmers—1 instructor)

Primary Skills

Lessons are crafted to individual needs.
\$50 per week, per swimmer.
Must sign up both swimmers at the same time, and both swimmers must be at the same swim level.

	Session / Date	Time (1)	Time (2)
I	June 6–17	2:00 – 2:30 PM*	
II	June 20–July 1	10:00 – 10:30 AM*	2:30 – 3:00 PM*
III	July 5–15	10:00 – 10:30 AM*	2:30 – 3:00 PM*

Swim Instructor's Aide

SIA offers youth the skills, knowledge and techniques necessary to volunteer as a swim instructor for our aquatics programs. Successful candidates will have the opportunity to volunteer alongside City of Lemoore Instructors and gain experience throughout the Summer.

Cost: \$5 (Register by May 27)
Date: Training Day and Time TBA.

Aides will volunteer throughout the summer.

Public Swimming

Cost:	\$2.50 (\$1.00 for adult non-swimmer)
Date(s):	June 6–July 15 (Closed July 4)
Location:	Lemoore High School Pool
Days:	Monday – Friday
Time:	12:00 – 1:50 PM

Season Swim Pass

Cost:	\$25 per person (\$75 per family up to 6 people))
Date(s):	June 6–July 15 (Closed July 4)
Location:	Lemoore High School Pool
Days:	Monday – Friday
Time:	12:00 – 1:50 PM

Lap Swimming

Cost:	\$2.50 (\$1.00 for adult non-swimmer)
Date(s):	June 6 - July 15 (Closed July 4)
Location:	Lemoore High School Pool
Days:	Monday – Friday
Time:	10:00 – 12:00 PM 2:00 – 3:00 PM





Lemoore Drama Club

Lights, Camera, Action! The Lemoore Drama Club will develop students' acting skills, teaching them projection, improvisation, and stage assignments while working under a director. This requires a three-month commitment. Children will perform at the Spring Concert in May.

Age	Grades 1–8	
Cost	\$25 / Month	
Dates	Session 1: Feb.–May Session 2: Sept.–Nov.	
Location	Lemoore Civic Auditorium	
Day	Time	Min/Max
TBD	TBD	10/50
*Day and Time are subject to change		

Volunteers Wanted!

Support your community by volunteering for Parks & Recreation events and programs. Become a coach in one of our youth sports leagues, gain valuable experience as a Volunteer in the City's Annual Summer Day Camp, or earn volunteer credits for high school. The City needs civic-minded citizens young and old.

KINGS DENTAL GROUP

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www.kingsdentalgroup.com

Hot Shots Air Rifle

Target Success with the Lemoore Hot Shots! The Lemoore Shooting Program provides basic safe gun handling instruction and 3 position techniques. Using the advanced Daisy Air Rifle (Model 853) in addition to learning safe gun handling instructions, shooters are also coached in the 3 basic positions of marksmanship.



Age	7th Grade – Adult
All sessions held at LRC	

8 WEEK SESSIONS:	
Session #1	Jan. 12th - Mar. 3rd
Session #2	Mar. 29th - May 19th
Session #3	Sept. 6th – Oct. 27th
Dates:	Tuesday & Thursdays
Time:	6PM – 7PM
Cost:	\$25

5 WEEK SESSION:	
Nov. 8th – Dec. 8th (No classes Thanksgiving week)	
Dates:	Tuesday & Thursdays
Time:	6PM – 7PM
Cost:	\$20

1 WEEK SUMMER SESSION:	
June 13th – June 17th	
Dates:	Monday - Friday
Time:	10AM – 12PM
Cost:	\$40

OPEN SHOOTING RANGE:	
Session #1:	Jan. 12th – May 24th, 2016
Session #2:	Sept. 13th – Dec. 6th, 2016
Dates:	Every Tuesday & Thursday
Time:	7PM – 8PM

OPEN SHOOTING RANGE:	
Summer Session:	June 7th–Aug 30, 2016
Dates:	Every Tuesday
Times:	6 PM–7 PM

Guitar Lessons

Learn to play guitar with Charlie Ennes who attended Master Classes at Commune di Firenze in Florence, Italy. A Fun environment that anyone can enjoy!



Intro to Guitar

Age	Youth (13 & under with adult)	
Cost	\$100 per person per 8 week session	
Session 1	Jan. 21–Mar. 17 (No class Feb. 25)	
Session 2	July 7–Aug. 25	
Location	Rec. Center Conference Room	
Day	Time	Min/Max
Thursday	7:00–8:00 PM	5/10

Intermediate Guitar

Age	Youth (13 & under with adult)	
Cost	\$80 per person per 6 week session	
Session 1	Apr. 7–May 12	
Session 2	May 19–Jun. 23	
Session 3	Sept. 1–Oct. 6	
Session 4	Oct. 13–Nov. 17	
Location	Rec. Center Conference Room	
Day	Time	Min/Max
Thursday	7:00–8:00 PM	5/10

First Aid/CPR

Youth ages 15 and up may take the First Aid/CPR Class. Learn how to save someone in an emergency and add a valuable skill to your resume. Upon successful completion, participants will receive American Red Cross certifications in First Aid and CPR for adults, children, and infants. Course also includes Automated External Defibrillator certification.

Age	15 years–Adult	
Cost	\$80	
Session I	May 14, Register by May 6, 2016	
Session II	Dec. 9, Register by Dec. 2, 2016	
Day	Time	Min/Max
Saturday	9:00 – 3:00 PM	4/20

Archery

Learn the sport of archery from certified archery instructor, Stan Barry. One hour Safety Course includes range safety, basic bow set-up, equipment safety checks and proper equipment use from basic form to completion field archery.

Age:	Youth (6+)
Dates:	Wednesdays
Time:	5:30–6:30 PM
Cost:	Safety Course - \$25 (includes bow rental)
*Optional – Five 1 hour lessons - \$120 (includes bow rental)	
Open Shooting Hours (must have completed the safety course)	
Dates:	Mondays
Time:	5:30–6:30 PM
Cost:	Lane Fee: \$5.00 per person
	Bow Rental: \$5.00

LEMOORE FURNITURE

221 West “D” Street

LEMOORE HARDWARE

217 West “D” Street



A-1 Allstar Plumbing		(559) 925-9261	Plumbing
Adventist Health	15 Mall Dr.	(559) 537-1720	Medical Center
Best Buy Market	1135 W. Bush St.	(559) 924-5623	Local Grocery
Best Western	820 E. Bush St.	(559) 924-0198	Hotel
Billingsley Tire	6 West D St.	(559) 924-3481	Tires and Service
Bobo Island	201 E St.	(559) 924-1027	Sushi, Tempura
Classic Soccer	10475 14th Ave	(559) 587-9100	Uniforms, Silkscreening
Deli Delicious	885 N. Lemoore Ave.	(559) 423-5688	Deli Sandwiches
Downtown Dental	210 Heinlen St.	(559) 924-5353	Family and Cosmetic Dentistry
Family Eye Care	162 West D St.	(559) 924-4417	Optometry
Family Dental Care	437 West D St.	(559) 924-2520	General Dentistry and Orthodontics
Farmers Fury	358 West D St.	(559) 816-0019	Wine Tasting
Fast Credit Union	200 Follett St.	(559) 584-0922	Financial Institution
Heritage Realtors	241 C St.	(559) 924-1206	Real Estate and Property Management
Jones Towing and Storage	345 N. 19th Ave.	(559) 924-4415	Car Storage and Towing
K & D Towing	13738 Han-Arm Rd	(559) 582-4181	Vehicle Towing
Kings Dental Group	5 West D St.	(559) 924-2206	Family & Cosmetic Dentistry
Lakeview Apartments	333 E Cinnamon	(559) 924-6464	Apartments
Lemoore Cinemas	400 Follett St.	(559) 924-2100	Movie Theatre
Lemoore Food Locker	205 Fox St.	(559) 924-2390	Steaks, Linguica & more
Lemoore Furniture	221 West D St.	(559) 924-2390	Furniture
Lemoore Hardware	221 West D St.	(559) 924-2317	Hardware, candles & gifts
Leprino Foods	490 F St.	(559) 924-7733	Cheese and Dairy Manufacturer
Newman Garcia Studio	323 Heinlen St.	(559) 924-4443	Photographic Studio and Gallery
Phipps-Dale Funeral Chapel	420 West D St.	(559) 924-5611	Funeral Chapel
Ramblin' Rose	246 Heinlen St.	(559) 924-3863	Florist
Roger Krober Stainless Steel	15250 18th Ave.	(559) 924-5305	Stainless Steel Specialties
Shaw's Air Conditioning	16838 18th Ave.	(559) 925-9923	Air Conditioning & heating
Sushi Table	155 W Han-Arm Rd.	(559) 925-1698	Asian Bistro
Tachi Palace	17225 Jersey Ave.	(866) 472-5223	Hotel and Casino

Beginning Sewing – Learn to Sew:

Learn the basic operations of your sewing machine. Learn about the different machine parts and how to perform simple maintenance. Learn about the different fabrics, threads, sewing notions and basic stitching.

Age:	Youth (10+)
Cost:	\$75 monthly
Dates:	Tuesdays (January - December)
Times:	10 AM–1 PM or 4–7 PM
Reg. Deadline:	Monthly Basis
Location:	Civic Auditorium – Conference Room
Min/Max:	2/6

Intermediate Sewing:

Learn to read and follow a store bought pattern. Learn how to take proper body measurements and make minor patterns adjustments for a better fit. Learn to install elastic and hem pants.

Age:	Youth (10+)
Cost:	\$75 monthly
Dates:	Thursdays (February - December)
Times:	10 AM–1 PM or 4–7 PM
Reg. Deadline:	Monthly Basis
Location:	Civic Auditorium – Conference Room
Min/Max:	2/6



The mission of the Police Athletic League "PAL" of the Lemoore Police Department is "Cops Helping Kids."

We aspire to be the premier youth serving organization in the city by reducing crime, promoting character development, and improving educational outcomes. We accomplish this by having Lemoore Police Officers, supported by civilians, offer educational, athletic, and recreational programs to at-risk and underserved youth of our community.

For more information on how you can get involved in the Lemoore Police Activities League:

Office: (559) 924-9574
 Fax: (559) 924-3116
 Monday-Friday, 8am-5pm

657 Fox Street
 Lemoore, CA 93245

www.lemoore.com/lpd

The Lemoore Police Activities League "PAL" was established in July 2015 to serve at-risk youth between the ages of 5-18 years old. Any and all children are welcome to join.

An annual fee of \$40 per child will supply them with a uniform and activities such as wrestling and tutoring (a waiver of the registration fee can be requested due to financial hardship).

Practices:

Tuesdays/Thursdays– at Cinnamon Complex
 Advanced 4:00-5:30pm
 Beginner 5:30-6:30pm

Wednesdays– at LHS Wrestling Room
 Advanced 5:45-7:00pm
 Beginner 5:45-7:00pm



EVERY KID NEEDS A PAL

- PAL is one of the oldest youth programs in the country. It brings together cops and kids
- There are more than 125 police and sheriff departments in California that have PAL programs
- More than 300,000 youth are served in PAL programs
- Statistics show that kids who participate in out of school activities have a better chance of staying out of trouble
- PAL programs cut juvenile crime dramatically by offering a safe haven from negative influences



The Lemoore Police Department PAL program is a nonprofit organization. It is parented by the California Police Activities League, Inc. (CAL PAL). CAL PAL provides educational, recreational, and athletic programs to the youth of California, with an emphasis on "disadvantaged" or "at-risk" youth.

Indoor Soccer

Our Indoor Soccer Field allows children in our community the opportunity to play soccer year round. Indoor soccer is for children 5–12 years of age. Children will be placed on teams for an eight game season. Practices are at the volunteer coach's discretion. Only two practices a week are permitted.

Age	5–12 years	
Cost	\$60 per player, per season (\$15 late fee after reg. deadline)	
Spring	Registration deadline: Feb. 12 Season: Feb. 24–May 7 Picture Day: TBD	
Skills/ Eval. Day:	- Wednesday, Feb. 24 (5&6 yr. old) - Saturday, Feb. 27 (7–12 yr. old)	
Summer	Registration deadline: May 20 Season: Jun. 1 – Aug. 13 Picture Day: TBD	
Skills/ Eval. Day:	- Wednesday, June 1 (5&6 yr. old) - Saturday, June 4 (7–12 yr. old)	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Varies	Varies	32/60

Football Camp

Join us for our sixth annual football camp. Participants learn offensive and defensive positions and learn the fundamentals of the game by doing drills under the direction of our coaching staff. This one-day camp includes lunch and a shirt.

Age	K–8th Grade	
Cost	\$30	
Reg. Deadline	Friday, May 27 (\$15 late fee)	
Date	Saturday, June 11	
Location	Lions Park	
Day	Time	Min/Max
Saturday	8:00–1:00 PM	30/100



Leprino Foods®



Flag Football (Pee Wee and Youth)

A competitive, exciting league for children 5 to 12 years of age. Up to four youth divisions will compete in an eight game season with weekly practices and dates determined by volunteer coaches. Prospective coaches are encouraged to contact Parks and Recreation for details.

Age	5–12 years	
Cost	\$70 (includes jersey)	
Reg. Deadline	Aug. 19 (\$15 late fee)	
Date(s)	Skills & Eval. Camp: Aug. 27	
	8 Game season: Sept. 10–Oct. 29 No game Labor Day weekend	
	Picture Day: TBD	
Location	Lions Park	
Day	Time	Min/Max
Saturday	Varies	32/50

Lemoore Boxing Club

U.S.A. Boxing Association certified boxing coach Jason Glaspie motivates and challenges youth and adults to bring out their best while learning the art of boxing. Whether it's students training for fitness or competitors training for U.S.A. Boxing competitions, Lemoore Boxing Club will help you develop the self esteem and self discipline it takes to be a champion.

Cost	\$35 per month, \$30 per additional child, 3 months for \$90	
Dates	Jan.–Dec.	
Location	Lemoore Recreation Center	
Min/Max	10/30	
Day	Age Group	Time
Wed-Fri	K–3rd Grade	5:30–6:30 PM
Wed-Fri	4–8th Grade	6:30–7:30 PM
Wed-Fri	High School–Adult	7:30–8:30 PM

Karate

Family karate open to all ages! The family can learn the basic fundamentals in defensive techniques, sparring and participate in tournaments (local or world). The type of karate learned is Koafuja-do. It is a mix of martial arts from traditional forms of Japan, Korea, and China with more than 40 in existence. The instructor Manuel Velarde is black belt, 1-dan with 13 years of experience instructing. Min/Max: 4 / 30

Age	Youth (6+)
Cost	\$50 per individual per month Family Plan Discounts on multiple siblings (NOTE: Uniform and test not included)
Dates	Tuesday & Friday (Jan.–Dec.)
Times	5:00–6:30 PM
Reg. Deadline	Monthly basis
Location	Various Locations (LRC or Civic Auditorium)

Youth Sports Organizations

Lemoore Little League

Registration Days	Location
Jan. 12, 6:30–8:30 PM	KCOE Building
Jan. 13, 5–8 PM	N Community Center on Base
Jan. 15, 6:30–8:30 PM	KCOE Building
Jan. 16, 12–4 PM	KCOE Building

For further information email jeff@sherdog.com.

Lemoore Aquajets

(559)309-3569

Ages: 5-18

Season: Mid-May to the end of July. 2 swim meets a week, June thru July. Our goal is to provide the framework, services and a positive training atmosphere to benefit the swimmers. Our coaches will work with the swimmers to refine stroke skills, provide challenging workouts for each swimmer and set swimming goals throughout the season. For more information, please visit our website at www.lemoore.com/aquajets or email us at lemooreaquajets@hotmail.com

National Junior Basketball (NJB)

(805)612-4924

Boys and Girls 1st – 8th Grade

Registrations held in November

Games: Saturdays; January-February

Lemoore Youth Soccer League

(559)381-3669

Ages: 3-18

Registration: April thru July

Fall Games: September thru November

Spring Games: March thru June

Website: www.eteamz.com/lemooreyouthsoccer

Facebook: Lemoore Youth Soccer



Lemoore Youth Softball

(Girls ASA)

Ages: 4-6

Registration held in January

Games: March – April

Information Contacts:

President: Belinda Tafolla (559)904-2120 or visit the website: www.eteamz.com/lemooresoftball

Youth Dance & Cheer

Lemoore Rec Cheer

This is a sideline cheer program for ages 4-12 years of age. Your cheerleader will learn game day cheers and chants along with the basic fundamentals of cheer. LRC will cheer for flag football and NJB Basketball

Age	4–12 years	
Cost	\$20 per month	
Uniform Fee	\$70.00 - \$150.00 approx.	
Dates	Jan.–Dec. (No classes Jul. 4–Aug. 1 and Dec. 18–31)	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Tuesday	6:00–6:45 PM	10/50



Mini All Stars

Mini All Stars is the first level of our competition teams. We follow all USASF Rules. This group will cheer at 4 to 6 competitions per year and perform at some Community Events. Parents are responsible for uniform, competition fees and travel expenses. Evaluations for this group will be in April.

Age	4–6 years	
Cost	\$25 per month	
Uniform Fee	\$70–\$150 approx.	
Dates	Jan.–Dec.	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Tues./Thurs.	6:30–7:30 PM	10/50

Hip Hop Dance

Come and learn the latest moves and dance to the most current music. Hip Hop is a great way to express yourself and stay physically fit.

Age:	6 to 13 years	
Cost:	\$30 per month	
Dates:	February to May September to December	
Intermediate Class:	Friday, 5:00–6:00 PM	
Beginning Class:	Friday, 6:00–7:00 PM	
Min: 5	Max 20	

Junior All Stars

This is the second level of our competition teams. Participants must have previous cheerleading experience with level 1 pyramids, tosses, dismounts, stunts and level 1 tumbling. This team will participate in 4 to 6 competitions. Parents are responsible for uniform, competition fee and travel expenses. Evaluations for this group will be in April.

Age	5–14 years	
Cost	\$25 per month	
Uniform Fee	\$70–\$150 approx.	
Dates	Jan.–Dec	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Tues./Thurs.	7:00–8:30 PM	10/50

Senior Allstars

This Competitive Stunt Group is for ages 10 thru 18 years of age and will compete in open division. This group welcomes both men and women who have cheer and stunting skills, including those who can do round-offs, back hand springs, standing back tucks and layouts. This group will compete in 4 to 6 competitions and perform at Community Events. Evaluations for this group will be in April.

Age	10–18 years	
Cost	\$25 per month	
Uniform Fee	\$70–\$150 approx.	
Dates	Jan.–Dec	
Location	Lemoore Recreation Center	
Day	Time	Min/Max
Mon./Wed.	6:00–8:00 PM	10/50



Zumba Kids®

Zumba Kids® helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness.

Age	4–12	
Cost	\$20 per month	
Dates	Jan.–Oct.	
Location	Lemoore Rec. Center Dance Room	
Day	Time	Min/Max
Monday	5:45–6:45 PM	5/20

Lemoore Recreational Dance

These dance classes are for children ages 3–18. Throughout the session students will be taught basic ballet techniques which include the five feet and arm positions. They will learn how to use these positions to develop ballet movements. These movements will

be put together to music to create dance.

Participants will also learn basic jazz steps and styles. Children will also learn how music plays an important part in dance. Each Session will include a dance performance.

Group Age	Day	Time
Tiny Toes Ballet/Jazz 3–4 years	Tues. or Wed. Thurs.	4:15 PM–4:45 PM 4:30 PM–5:15 PM
Dance 1 Ballet/Jazz 5–7 years	Tues. or Wed. Thurs.	4:45 PM–5:30 PM 5:15 PM–6:00 PM
Dance 2 Ballet/Jazz 8–12 years	Tues. or Wed. Thurs.	5:30 PM–6:15 PM 6:00 PM–6:45 PM
Dance 3 Jazz/ Contemporary 12–18 years	Tues. or Wed.	6:15 PM–7:00 PM

Spring	January 11–May 25 18 week program Registration deadline: Jan. 4 No classes week of Spring Break No classes on April 4-8
Cost	\$140 if paid in full \$150 if paid in two payments. \$50 Costume and recital fee
Picture Date	TBA
Fall	Aug. 22–Dec. 6 15 week program Registration deadline Aug. 12 No classes the week of Thanksgiving
Cost	\$110 if paid in full \$120 if paid in two payments. \$50 Costume and recital fee
Picture Date	TBA
Location	LRC Dance Room
Min/Max	4 min. / 6 max students per class
Uniform	Tights, leotard, ballet slippers Hair must be up, out of the face

Pop-Up Dance Classes Available

There will be pop-up dance classes available on various Friday afternoons/evenings.

Dates/Times TBA.

\$10.00 Drop-In Rate (Per Person)

\$25.00 SPECIAL for group of 3