

Sixth Annual National Senior Health and Fitness Day

The City of Lemoore Community Services Department will hold their sixth annual event on Wednesday, May 24th from 8 AM to 11 AM at the Recreation Center. Seniors can take advantage of health screenings, participate in Senior exercise demonstrations such as Yoga, Jazzercise and chair stretching. There will be a breakfast and giveaways. This is a free event.

Ages	55 and up
Cost	FREE
Time	8 – 11 AM
Date	Wednesday, May 24
Location	Lemoore Recreation Center

Sweets with Seniors

Celebrate the season with us by enjoying a free breakfast and Holiday treats. This event is hosted by the American Legion, West Hills Culinary and Lemoore Community Services. Participants will be entertained by students from Jamison High School and each guest will receive a gift.

Ages	55 and up
Cost	FREE
Date	December 8
Time	8 AM
Location	Lemoore Civic Auditorium

Lemoore Senior Center

789 S. 18th Ave., Lemoore, CA
(559) 924-7791

Lunch	Monday – Thursday @ 11:30 AM
Lunch Bingo	Tuesday & Thursday following lunch
Wednesday Night Bingo	Doors open @ 4 PM Games begin @ 6 PM
Having a Party? Call (559)967-1662 for reservations	

- Customer Appreciation Night is the first Wednesday of the month – buy one bingo pack and get one free.
- Play for free on your birthday! Valid on the third Wednesday of the month only.
- Friday Night music at 5 PM.
- Open to the public.

Community Yard Sale

The Lemoore Volunteers in Policing will be hosting Community Yard Sales at City Park in Lemoore on the first Saturday of each month beginning in March and running through October.

- Hours are 7 AM to 1 PM.
- Vendor spaces are \$15.
- Vendors can register at the Recreation Department located at 721 W. Cinnamon Dr.
- **No yard sale on 4th of July weekend**



Senior Dances

The Lemoore Community Services Department will host a Senior Dance for ages 50 and up every three months. These dances will feature the Bobby Seals Band. There is a potluck dinner, so bring your favorite dish. Couples and singles welcome.

Ages	50 and up
Dates	Feb. 15, May 17, Aug. 16 and Nov. 15
Where	Civic Auditorium, 435 C Street
When	7 to 10 PM
Cost	\$7

Witness for Fitness Senior Walking & Exercise Club

Join instructor and motivator Dr. Ernie Smith and our big group of Seniors for some physical exercise. Walk the indoor track beginning at 8:30am. Exercise session begins at 9 AM and includes chair stretching, resistance bands and hand weights.

Age	50 years and up	
Cost	Free	
Location	Lemoore Recreation Center	
Dates	Jan – Dec	
Day	Time	Min/Max
Tue./Thur.	8:30 – 9:30 AM	4/200

Community Events Save the Date

February 11	Father Daughter Dance
March 4	Mongolian Dinner
April 15	Easter Egg Hunt
Apr 8	Mother Son Camp Out
Apr 21–23	Pizza Festival
Apr 29–30	Relay for Life
May 13	Mother Daughter Tea & Fashion Show
June 10	Kings Lions Brewfest
Aug 26	Lemoore Lions Brewfest
Nov 11	Veterans Day Parade
Nov 11	Arts and Crafts Show
Dec 2	Christmas Parade
Dec 3	Breakfast with Santa
Dec 9	Sweets With Seniors

Arts and Craft Show

Join us Saturday, November 11th for our annual Arts and Craft Show. Get a jump on your Holiday shopping. Christmas decorations, ornaments, furniture, bedding, jewelry and much more.

Show hours are 12 noon to 8pm. Over 30 vendors. Vendor spots are \$20.

Visit the Craft Show before, during or after our annual Veteran's Day Parade.

Where	Veteran's Memorial Building 411 West D St.
When	Saturday, November 11th
Time	12 noon to 8 PM
Admission	Free to patrons \$20 per vendor



NEW—Lemoore RV Club Round-Up

The Lemoore Community Services Department is organizing an RV Club. There will be an informational meeting for all interested persons on Thursday, February 16, 2017. The meeting will be held at the Lemoore Chamber of Commerce Depot located at 300 E Street at 6 PM. Lemoore RV Center is hosting wine and cheese tasting during the meeting.

