

CROSSFIT LEMOORE

LEMOORE RECREATION

WWW.CROSSFITLEMOORE.COM

CROSSFIT IS...
CONSTANTLY VARIED
FUNCTIONAL MOVEMENT
PERFORMED AT HIGH
INTENSITY.



CROSSFIT IS FOR ALL FITNESS LEVELS

Adults of all ages

Teens with parent permission

Pricing:

\$125/mo. unlimited classes

\$100/mo. 3 days a week

Discounts Available for:

Military, Teachers, Students, Police, Fire

-\$20 for unlimited

-\$10 for 3 days a week

\$200/mo. for couples (unlimited)

**\$175/mo. for couples
(3 days a week)**

No other discounts apply

CLASS TIMES

Monday—Friday

4:30AM

5:00AM

6:00AM

9:00AM

4:00PM

5:00PM

6:00PM

For information contact

Ryan Rocha 559-772-5787

www.crossfitlemoore.com